

**APPLIED EXERCISE SCIENCE UNDERGRADUATE
RECORD SHEET
2024-2025 BULLETIN**

Name:				UM ID:							
Prerequisite Courses in Kinesiology				Required Core Courses in Applied Exercise Science				Required Supporting Courses in Kinesiology			
Course No.	Credit	Term	Grade	Course No.	Credit	Term	Grade	Course No.	Credit	Term	Grade
AES 218	3			MVS 230 & 231 OR Anatomy 403	4/5			SM 101	3		
AES 220^ (W) (C or better)	3			AES 242	3			MVS 110	3		
AES 221^ (W) (C or better)	1			AES 243	1			SM 217 or MVS 219 (ULWR)	3		
AES 100	2			AES 315	3			Total	9		
AES 290 (Field Experience)	2			AES 334	3			Courses Required Outside of Kinesiology			
Total	11			AES 330	1			Course No.	Credit	Term	Grade
<i>Students are required to take 15 credit hours of AES electives (previously known as concentration electives). These should be selected in consultation with your advisor based on your future professional goals.</i>				AES 331	3			ENGLISH 125 OR FYWR (C or better)	4		
				AES 332	3			PSYCH 111 OR PSYCH 112	4		
Course No.	Credit	Term	Grade	AES 333	3			MATH 105* (C or better)	4		
				AES 403 (Internship)	3			One of the Following: MVS 250/STATS 250/STATS 280/SOC 210	3/4		
				PICK TWO OF THE FOLLOWING							
				AES 460 (F)	3						
				AES 451 (W)	3						
				AES 446 (W)	3			Total	15/16		
				AES 416 (W)	3			^Students may take Physiol 201 instead of AES 220 & AES 221. Must earn a "C" or better			
Total	15			Total	33/34						
NOTES:								*Students may take Math 115 (must earn C- or better) or may place out of the requirement with a Math placement exam score of "calculus definite"			

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Distribution Requirements											
Humanities (12 credits)				Natural Science/Math/Quantitative Reasoning (12 credits)				Social Science (12 credits)			
Course No.	Credits	Term	Grade	Course No.	Credits	Term	Grade	Course No.	Credits	Term	Grade
SM 101	3			MATH 105	4			PSYCH 111	4		
SM 217 or MVS 219	3			MVS 110	3			AES 334 (313) Exercise Psychology	3		
				AES 220	3						
				AES 221	1						
				MVS 250/STATS 250/SOC 210	3 or 4						
Total				Total				Total			

Exceptions, Substitutions, Waivers, Other Notes

Advisor - Please make any notes regarding approval of variations in degree program:

Study Abroad (Optional):

Please see Global Engagement Coordinator for more information.

Last Reviewed:

By: _____ Date: _____ By: _____ Date: _____ By: _____
 _____ Date: _____ By: _____ Date: _____