

*Curriculum Vitae*  
**Dominique L. Kinnett-Hopkins, Ph.D.**

Assistant Professor, Applied Exercise Science, School of Kinesiology, University of Michigan  
Adjunct Assistant Professor, Department of Physical Medicine and Rehabilitation, Feinberg School of  
Medicine, Northwestern University

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**EDUCATION**

2010 – 2017            University of Illinois at Urbana – Champaign  
Ph.D., Kinesiology (2017)  
B.S., Psychology (2013)

**PROFESSIONAL EXPERIENCE**

2021 – Present        **University of Michigan** (Ann Arbor, MI)  
Assistant Professor, Applied Exercise Science, School of Kinesiology  
Director, Translational Physical Activity Laboratory  
Member, Institute for Healthcare Policy and Innovation  
Member, Treatment Innovation and Dissemination Research group

2021 – Present        **Feinberg School of Medicine, Northwestern University** (Chicago, IL)  
Adjunct Assistant Professor, Department of Physical Medicine and Rehabilitation

2019 – 2021           **Feinberg School of Medicine, Northwestern University** (Chicago, IL)  
Research Assistant Professor, Department of Physical Medicine and Rehabilitation

2017 – 2019           **Feinberg School of Medicine, Northwestern University** (Chicago, IL)  
Post-Doctoral Fellow – Integrated Fellowship in Health Services & Outcomes Research,  
Center for Education in Health Sciences

2013 – 2017           **University of Illinois at Urbana – Champaign**  
Graduate Research Assistant, Exercise Neuroscience Laboratory

2013-2017            **University of Illinois at Urbana – Champaign**  
Graduate Teaching Assistant, Department of Kinesiology & Community Health

**FELLOWSHIPS, HONORS, & AWARDS**

2024 – 2025           Fellow, MICH R01 Boot Camp, University of Michigan

June 2020            Jr. Physician & Jr. Scientist Sarah Baskin Award Recipient (2<sup>nd</sup> Place), Shirley Ryan  
AbilityLab

November 2019       Poster Presentation Award (3<sup>rd</sup> Place) – Tykeson Fellows Conference, National Multiple  
Sclerosis Society

September 2018     American Congress of Rehabilitation Medicine Meeting – National Institute on Disability,  
Independent Living, and Rehabilitation Research, Advanced Rehabilitation Research  
and Training Fellow in the Young Investigators Symposium, Dallas, TX

June 2017            Consortium of Multiple Sclerosis Centers – Whitaker Award Finalist, New Orleans, LA

April 2016            The Graduate College – Academic Excellence and Good Citizenship. Champaign, IL

April 2014            The Graduate College – Service Award. Champaign, IL

**CERTIFICATES**

2022 – 2023           Certificate in Implementation Science, University of California, San Francisco (18 credit  
hours)

2016	Certificate in Foundations of Teaching. Center for Innovation in Teaching and Learning. University of Illinois Urbana-Champaign
2013 – Current	Neurostatus Certification Level C
2012 – Current	First Aid Cardiopulmonary Resuscitation, Automated External Defibrillator Certification

## **PROFESSIONAL MEMBERSHIP**

2019 – Current	American College of Rheumatology
2017 – Current	American Congress of Rehabilitation Medicine
2017 – Current	Academy Health
2016 – Current	Society of Behavioral Medicine
2016 – Current	American College of Sports Medicine
2013 – Current	National Multiple Sclerosis Society
2013 – Current	The Consortium of Multiple Sclerosis Centers

## **SERVICE**

2023 – Current	Reviewer – Journal of Activity, Sedentary and Sleep Behaviors
2023 – Current	Reviewer – <i>Multiple Sclerosis and Related Disorders</i>
2021 – Current	Reviewer – <i>Topics in Stroke Rehabilitation</i>
2020 – 2021	Member - Diversity, Equity, and Inclusion Committee, Department of Physical Medicine and Rehabilitation, Feinberg School of Medicine
2019 – 2020	Reviewer – <i>Doody Enterprises</i>
2019 – 2020	Special Education Volunteer Instructor of Capoeira – Carl Schurz High School
2018 – Current	Reviewer – <i>Disability and Rehabilitation</i>
2018 – Current	Reviewer – <i>Disability and Health Journal</i>
2017 – 2021	Volunteer at the Shirley Ryan AbilityLab Adaptive Sports + Fitness Program
2016 – 2017	Board Member - Students Advising on Graduate Education (SAGE)
2013 – 2017	Member – Black Graduate Student Association (BGSA)

## **GRANT FUNDING**

### Ongoing

1. Principal Investigator (R03, NCMRR Early Career Research Award, 2024-2026) Promotion of Exercise for Multiple Sclerosis through Physical Therapy (PromPT), *National Institute of Child Health and Human Development*, \$328,525. Impact Score = 27, Percentile = 10<sup>th</sup>
2. Co-Investigator (R34, Planning grant for a randomized controlled trial of scoliosis-specific physiotherapy for adolescent idiopathic scoliosis, 2024-2025) *National Institute of Arthritis and Musculoskeletal and Skin Diseases*, \$461,956. Impact Score = 14
3. Co-Investigator (Innovation Award for Well-Being, 2023-2024) Personalized circadian synchronization for fatigue and wellness in progressive MS (the Sync-Well MS Study. *International Progressive MS Alliance*, \$110,199.
4. Principal Investigator (Loan Repayment Program Renewal, 2023-2025) *National Institute of Arthritis and Musculoskeletal and Skin*, \$37,743.75
5. Co-Investigator (Rogel Cancer Center Discovery Award, 2023-2024) Cardiac Rehabilitation to Improve Breast Cancer Outcomes (CRIBCO), *University of Michigan*, \$75,000
6. Principal Investigator (ADVANCE Elizabeth Caroline Crosby Faculty Grant Award, 2022-2024) The assessment of upper limb function in persons with multiple sclerosis to inform the design of a novel telerehabilitation intervention, *University of Michigan*, \$18,945
7. Consultant, (US Health Disparities, 2022-2024) Targeted Exercise for African-Americans with Multiple Sclerosis (TEAAMS), Bristol-Myers Squibb Foundation
8. Principal Investigator (Marie Hartwig Pilot Research Fund Award, 2022-2025) Promotion of Physical Activity for Multiple Sclerosis through Physical Therapy, *School of Kinesiology, University of Michigan*, \$45,000
9. Principal Investigator (Research Supplements to Promote Diversity in Health-Related Research, 2019-2024) Evaluation of the Social Cognitive Correlates of Physical Activity in Systemic Lupus

Erythematosus and Assessing the Acceptability of the Lupus Intervention Fatigue Trial. *National Institute of Arthritis and Musculoskeletal and Skin Diseases*, \$253,263

### Completed

1. Principal Investigator (Gary S. Gilkeson Career Development Award, 2020-2023) A Progressive Home-Based Exercise Intervention for Persons with Systemic Lupus Erythematosus. *Lupus Foundation of America*, \$140,000
2. Principal Investigator (Loan Repayment Program, 2021-2022) *National Institute of Arthritis and Musculoskeletal and Skin*, \$50,000
3. Principal Investigator (Research Grant, 2018-2023). Disease characteristics and healthcare utilization patterns in advantaged and disadvantaged patients with multiple sclerosis. *National Multiple Sclerosis Society*, \$58,476
4. Diversity Leadership Associate (P2C, 2020-2021) Center for Smart Use of Technology to Assess Real-World Outcomes (C-STAR). *National Institute of Child Health and Human Development (NICHD) and National Institute of Neurological Diseases and Stroke (NINDS)*, \$3,721,750
5. Principal Investigator (Northwestern Medicine Enterprise Data Warehouse Pilot Data Program, 2019) Disease characteristics and healthcare utilization patterns in advantaged and disadvantaged patients with multiple sclerosis at Northwestern Medicine, *Northwestern University Clinical and Translational Sciences Institute*, \$900

### PEER REVIEWED PUBLICATIONS (in reverse chronological order)

Complete List of Published Work in My Bibliography:

[ncbi.nlm.nih.gov/myncbi/dominique.kinnett-hopkins.1/bibliography/public/](https://ncbi.nlm.nih.gov/myncbi/dominique.kinnett-hopkins.1/bibliography/public/)

Last author position designates senior authorship.

<sup>a</sup>Undergraduate student <sup>b</sup>Graduate student <sup>c</sup>Postdoctoral Fellow

1. <sup>b</sup>Lin, C.C., **Kinnett-Hopkins, D.**, <sup>a</sup>Alawamleh, A., <sup>b</sup>Siemen, M., Lane, A., Abou, L., Physical activity improves cardiovascular fitness and reduces cardiovascular risk factors in adults with multiple sclerosis: A systematic review and meta-analysis. *Multiple Sclerosis and Related Disorders*, 92, 106170.
2. Hendricksen, M., Boyer, J., Rafferty, M., Hohl, K., Graham, E.L., Balabanov, R., **Kinnett-Hopkins, D.** (2024). Consultative, Proactive Physical Therapy in Early Multiple Sclerosis. *International Journal of Multiple Sclerosis Care*.
3. <sup>b</sup>Logue Cook, R. N., Davis, M. A., Hasson, R. E., **Kinnett-Hopkins, D.**, & Brown, S. H. (2024). Racial/Ethnic Differences in Self-Reported Upper Limb Limitations among US Older Adults. *The Journals of Gerontology, Series A: Biological Sciences and Medical Sciences*, glae104
4. Blaess, J., Geneton, S., Goepfert, T., Appenzeller, S., Bordier, G., Davergne, T., Fuentes, Y., Haglo, H., Hambly, K., **Kinnett-Hopkins, D.** and Su, K.Y., 2024. Recommendations for physical activity and exercise in persons living with Systemic Lupus Erythematosus (SLE): consensus by an international task force. *RMD open*, 10(2), p.e004171.
5. **Kinnett-Hopkins, D.**, Ramsey-Goldman, R., Milaeger, H., Chmiel, J.S., Chung, A., Erickson, D., Kenney, A., Rosiles, L., Ehrlich-Jones, L. (2023). Operational Changes to the Lupus Intervention Fatigue Trial as a Result of COVID-19: An Update to the Study Protocol. *Contemporary Clinical Trials Communications*
6. Motl, R. W., Casey, B., Learmonth, Y. C., Latimer-Cheung, A., **Kinnett-Hopkins, D. L.**, Marck, C. H., ... & Coote, S. (2023). The MoXFo initiative—adherence: Exercise adherence, compliance and sustainability among people with multiple sclerosis: An overview and roadmap for research. *Multiple Sclerosis Journal*, 29(13), 1595-1603.
7. <sup>b</sup>Memmini AK, **Kinnett-Hopkins DL**, Hasson RE, Rifat SE, Broglio SP. (2023) Considerations for implementing the post-concussion collegiate return-to-learn protocol in the Power 5 conferences. *Journal of Athletic Training*. <https://doi.org/10.1097/HTR.0000000000000862>
8. Motl R., **Kinnett-Hopkins, D.**, <sup>b</sup>Neal, W., Flores, E., Pekmezi, D., <sup>c</sup>Flores, V. (2023). Targeted Exercise for African-Americans with Multiple Sclerosis: Project TEAAMS. *Contemporary Clinical Trials*. <https://doi.org/10.1016/j.cct.2023.107088>

9. <sup>b</sup>Logue-Cook, R., Brown, S., Hasson, R., **Kinnett-Hopkins, D.**, Davis, M. (2022). Is Maximum Grip Strength a Reliable Predictor of Hand Limitations among Older Adults? *Aging Clinical and Experimental Research*. <https://doi.org/10.1007/s40520-022-02191-z>
10. **Kinnett-Hopkins D**, Motl R. (2022) Social cognitive correlates of device-measured and self-reported physical activity in Black and White individuals with multiple sclerosis. *Disability and Health Journal*, <https://doi.org/10.1016/j.dhjo.2022.101344>
11. Adamson, B., Adamson, M., **Kinnett-Hopkins, D.**, & Motl, R. (2022) Medicalization of exercise through vigilance, productivity, and self-care: A secondary data analysis of qualitative interviews among those with multiple sclerosis. *Adapted Physical Activity Quarterly*. <https://doi.org/10.1123/apaq.2021-0200>
12. **Kinnett-Hopkins, D.**, Ehrlich-Jones, L., Chmiel, J.S., Chung, A., Erickson, D., Semanik, P., Spring, B., Rothrock, N. E., & Ramsey-Goldman, R. (2022). Motivational Interviewing Intervention for Increasing Physical Activity and Improving Dietary Behaviors: The Lupus Intervention Fatigue Trial Protocol. *Contemporary Clinical Trials*. <https://doi.org/10.1016/j.cct.2022.106690>
13. Ehrlich-Jones, L., Crown, D. S., **Kinnett-Hopkins, D.**, Field-Fote, E., Furbish, C., Mummidisetty, C. K., Bond, R. A., Forrest, G., Jayaraman, A., & Heinemann, A. W. (2021). Clinician Perceptions of Robotic Exoskeletons for Locomotor Training After Spinal Cord Injury: A Qualitative Approach. *Archives of physical medicine and rehabilitation*, 102(2), 203–215. <https://doi.org/10.1016/j.apmr.2020.08.024>
14. Adamson, B., **Kinnett-Hopkins, D.**, Atharia, N., Sebastiao, E. (2020) The Experiences of Inaccessibility and Ableism Related to Physical Activity: A Photoelicitation Study Among Individuals with Multiple Sclerosis. *Disability and Rehabilitation*. <https://doi.org/10.1080/09638288.2020.1844315>
15. **Kinnett-Hopkins, D.**, Mummidisetty, C. K., Ehrlich-Jones, L., Crown, D., Bond, R., Applebaum, M., Jayaraman, A., Furbish, C., Forrest, G., Field-Fote, G., Heinemann, A. (2020) Users with Spinal Cord Injury Experience of Robotic Locomotor Exoskeletons: A Qualitative Study of the Benefits, Limitations, and Recommendations. *Journal of NeuroEngineering and Rehabilitation* <https://doi.org/10.1186/s12984-020-00752-9>
16. Heinemann, A. W, **Kinnett-Hopkins, D.**, Mummidisetty, C. K., Bond, R., Ehrlich-Jones, L., Furbish, C., Field-Fote, E., & Jayaraman, A. (2020). Appraisals of Robotic Locomotor Exoskeletons for Gait: Focus Group Insights from Potential Users with Spinal Cord Injuries. *Disability and Rehabilitation: Assistive Technology*. <https://doi.org/10.1080/17483107.2020.1745910>
17. **Kinnett-Hopkins, D.**, Motl, R., (2019). Preferences for exercise among black individuals with multiple sclerosis. *Multiple Sclerosis Journal: Experimental, Translational and Clinical* <https://doi.org/10.1177/2055217319834715>
18. **Kinnett-Hopkins, D.**, & Motl, R. (2018). Results of a feasibility study of a patient informed, racially tailored home-based exercise program for black persons with multiple sclerosis. *Contemporary Clinical Trials*, 75, 1–8. <http://doi.org/10.1016/j.cct.2018.10.009>
19. Scheidler, A. M., **Kinnett-Hopkins, D.**, Learmonth, Y. C., Motl, R., & Lopez-Ortiz, C. (2018). Targeted ballet program mitigates ataxia and improves balance in females with mild-to-moderate multiple sclerosis. *PLoS One*, 13(10), e0205382. <http://doi.org/10.1371/journal.pone.0205382>
20. Learmonth, Y. C., **Kinnett-Hopkins, D.**, & Motl, R. W. (2018). Capitalising on the opinions of persons with multiple sclerosis to inform the main trial - participant opinions from participation in a feasibility study, a qualitative extension study. *Disability and Rehabilitation*, 1–8. <http://doi.org/10.1080/09638288.2018.1490823>
21. **Kinnett-Hopkins, D.**, Learmonth, Y., Hubbard, E., Pilutti, L., Roberts, S., Fanning, J., ... Motl, R. (2017). The interpretation of physical activity, exercise, and sedentary behaviours by persons with multiple sclerosis. *Disability and Rehabilitation*, 1–6. <http://doi.org/10.1080/09638288.2017.1383519>
22. Motl, R. W., Hubbard, E. A., Bollaert, R. E., Adamson, B. C., **Kinnett-Hopkins, D.**, Balto, J. M., ... McAuley, E. (2017). Randomized controlled trial of an e-learning designed behavioral intervention for increasing physical activity behavior in multiple sclerosis. *Multiple Sclerosis Journal - Experimental, Translational and Clinical*, 3(4), 2055217317734886. <http://doi.org/10.1177/2055217317734886>
23. Ensari, I., Kinnett-Hopkins, D., & Motl, R. W. (2017). Social cognitive correlates of physical activity among persons with multiple sclerosis: Influence of depressive symptoms. *Disability and Health Journal*, 10(4), 580–586. <http://doi.org/10.1016/j.dhjo.2017.03.006>
24. **Kinnett-Hopkins, D.**, Adamson, B., Rougeau, K., & Motl, R. W. (2017). People with MS are less physically active than healthy controls but as active as those with other chronic diseases: An updated meta-analysis. *Multiple Sclerosis and Related Disorders*, 13, 38–43. <http://doi.org/10.1016/j.msard.2017.01.016>

25. Dysterheft, J., Rice, I., Learmonth, Y., **Kinnett-Hopkins, D.**, & Motl, R. (2017). Effects of Daily Physical Activity Level on Manual Wheelchair Propulsion Technique in Full-Time Manual Wheelchair Users During Steady-State Treadmill Propulsion. *Archives of Physical Medicine and Rehabilitation*, 98(7), 1374–1381. <http://doi.org/10.1016/j.apmr.2017.01.007>
26. Learmonth, Y. C., Adamson, B. C., **Kinnett-Hopkins, D.**, Bohri, M., & Motl, R. W. (2017). Results of a feasibility randomized controlled study of the guidelines for exercise in multiple sclerosis project. *Contemporary Clinical Trials*, 54, 84–97. <http://doi.org/10.1016/j.cct.2016.11.012>
27. **Kinnett-Hopkins, D.**, Grover, S. A., Yeh, E. A., & Motl, R. W. (2016). Physical activity in pediatric onset multiple sclerosis: Validating a questionnaire for clinical practice and research. *Multiple Sclerosis and Related Disorders*, 10, 26–29. <http://doi.org/10.1016/j.msard.2016.08.010>
28. Grover, S. A., Sawicki, C. P., **Kinnett-Hopkins, D.**, Finlayson, M., Schneiderman, J. E., Banwell, B., ... Yeh, E. A. (2016). Physical Activity and Its Correlates in Youth with Multiple Sclerosis. *The Journal of Pediatrics*, 179, 197–203.e2. <http://doi.org/10.1016/j.jpeds.2016.08.104>
29. **Kinnett-Hopkins, D.**, & Motl, R. W. (2016). Social Cognitive Correlates of Physical Activity in Black Individuals With Multiple Sclerosis. *Archives of Physical Medicine and Rehabilitation*, 97(4), 590–595. <http://doi.org/10.1016/j.apmr.2015.12.011>
30. Balto, J. M., **Kinnett-Hopkins, D. L.**, & Motl, R. W. (2016). Accuracy and precision of smartphone applications and commercially available motion sensors in multiple sclerosis. *Multiple Sclerosis Journal - Experimental, Translational and Clinical* <http://doi.org/10.1177/2055217316634754>
31. Adamson, B. C., Learmonth, Y. C., **Kinnett-Hopkins, D.**, Bohri, M., & Motl, R. W. (2016). Feasibility Study Design and Methods for Project GEMS: Guidelines for Exercise in Multiple Sclerosis. *Contemporary Clinical Trials*, 47, 32–39. <http://doi.org/10.1016/j.cct.2015.12.002>
32. Klaren, R. E., Sebastiao, E., Chiu, C.-Y., **Kinnett-Hopkins, D.**, McAuley, E., & Motl, R. W. (2016). Levels and Rates of Physical Activity in Older Adults with Multiple Sclerosis. *Ageing and Disease*, 7(3), 278–84. <http://doi.org/10.14336/AD.2015.1025>
33. Motl, R. W., Learmonth, Y. C., Wójcicki, T. R., Fanning, J., Hubbard, E. A., **Kinnett-Hopkins, D.**, ... McAuley, E. (2015). Preliminary validation of the short physical performance battery in older adults with multiple sclerosis: secondary data analysis. *BMC Geriatrics*, 15, 157. <http://doi.org/10.1186/s12877-015-0156-3>
34. Yeh, E. A., **Kinnett-Hopkins, D.**, Grover, S. A., & Motl, R. W. (2015). Physical activity and pediatric multiple sclerosis: Developing a research agenda. *Multiple Sclerosis (Houndmills, Basingstoke, England)*, 21(13), 1618–1625. <http://doi.org/10.1177/1352458515606526>
35. McAuley, E., Wojcicki, T. R., Learmonth, Y. C., Roberts, S. A., Hubbard, E. A., **Kinnett-Hopkins, D.**, ... Motl, R. W. (2015). Effects of a DVD-delivered exercise intervention on physical function in older adults with multiple sclerosis: A pilot randomized controlled trial. *Multiple Sclerosis Journal - Experimental, Translational and Clinical*, 1, 2055217315584838. <http://doi.org/10.1177/2055217315584838>
36. Learmonth, Y. C., **Kinnett-Hopkins, D.**, Rice, I. M., Dysterheft, J. L., & Motl, R. W. (2016). Accelerometer output and its association with energy expenditure during manual wheelchair propulsion. *Spinal Cord*, 54(2), 110–114. <http://doi.org/10.1038/sc.2015.33>
37. Wojcicki, T. R., Roberts, S. a., Learmonth, Y. C., Hubbard, E. a., **Kinnett-Hopkins, D.**, Motl, R. W., & McAuley, E. (2014). Improving physical functional and quality of life in older adults with multiple sclerosis via a DVD-delivered exercise intervention: a study protocol. *BMJ Open*, 4(12), e006250–e006250. <http://doi.org/10.1136/bmjopen-2014-006250>

#### Published Book Chapters

1. Scheidler, A. M., Tisha, A. L., **Kinnett-Hopkins, D. L.**, Learmonth, Y. C., Motl, R., & López-Ortiz, C. (2017). Targeted Dance Program for Improved Mobility in Multiple Sclerosis. In *Converging Clinical and Engineering Research on Neurorehabilitation II* (pp. 1073-1077). Springer International Publishing.

#### Manuscripts Under Review

1. <sup>b</sup>Neal, W., Gomez, D., <sup>b</sup>Flores, V., Flores, E., Williams, M. J., **Kinnett-Hopkins, D.**, Pekmezi, D., Motl, R. W. (under review) Strategies for inclusive recruitment into randomized controlled trials of exercise training for Black people with multiple sclerosis. *International Journal of MS Care*.

#### PRESENTATIONS

## Invited Talks

1. **Kinnett-Hopkins, D.**, Physical Activity and Exercise for Lupus. *Michigan Medicine Lupus Conference. March 2024*
2. **Kinnett-Hopkins, D.**, Promotion of exercise for multiple sclerosis through physical therapy: A consultative physical therapy model. Midwest MS Rehab Research Alliance. *November 2023*
3. **Kinnett-Hopkins, D.**, Improving Health Outcomes of Individuals with Multiple Sclerosis: An Implementation Science Approach. Advanced Rehabilitation Research Training Program in Community Living and Participation. University of Michigan, Ann Arbor, MI. *March 2022*
4. **Kinnett-Hopkins, D.**, Race and Health. Oakland University, Detroit, MI. *November 2020.*
5. **Kinnett-Hopkins, D.**, Clinical Psychology – Working with People with Disabilities. *Chicago, IL, March 2020.*
6. **Kinnett-Hopkins, D.**, Race & Healthcare – Why is it so complicated? Oakland University, Detroit, MI. *November 2019.*
7. **Kinnett-Hopkins, D.**, Wonder Woman Wednesday Panelist. *Young Women’s Leadership Charter School, Chicago, IL. March 2019.*

## Oral Presentations

1. **Kinnett-Hopkins, D.**, & Motl, R.W., The feasibility of a patient informed, racially tailored home-based exercise program for blacks with multiple sclerosis. *Academy Health, Seattle, Washington. June 2018.*
2. **Kinnett-Hopkins, D.**, & Motl, R.W., Feasibility of a patient informed, racially tailored home-based exercise program for blacks with multiple sclerosis. *American Congress of Rehabilitation Medicine, Dallas, TX. September 2018.*

## Poster Presentations

1. <sup>b</sup>Lin, C.C., Abou, L., Alawamleh, A., Lane, A. & **Kinnett-Hopkins, D.** (2024, April 12). Effectiveness of exercise intervention on modifying traditional cardiovascular risk factors among people with multiple sclerosis: a systematic review and meta-analysis. Kinesiology research showcase, Michigan, Ann Arbor, USA.
2. <sup>b</sup>Bao, Q.T., Brown, S., <sup>b</sup>Lin, C.C., & **Kinnett-Hopkins, D.** (2024, April 12). The relationship between upper extremity and balance function among persons with multiple sclerosis. Kinesiology research showcase, Michigan, Ann Arbor, USA
3. Hendricksen, M., Boyer, J., Rafferty, M., Hohl, K., Graham, E.L., Balabanov, R., **Kinnett-Hopkins, D.** (2023, May 31 – June 3). Consultative, Proactive Physical Therapy in Early Multiple Sclerosis Consortium of Multiple Sclerosis Centers 2023 Annual Meeting, Aurora, CO, United States
4. **Kinnett-Hopkins, D.**, Song, J., Chmiel, J., Bussell, L., Young, A., Chung, A., Erickson, D., Milaeger, H., Ramsey-Goldman, R., Ehrlich-Jones, L. 2022. Social cognitive correlates of accelerometer-measured and self-reported physical activity in persons with systemic lupus erythematosus. *American College of Rheumatology. Virtual Conference. November 2022.*
5. **Kinnett-Hopkins, D.**, Song, J., Chmiel, J., Bussell, L., Young, A., Chung, A., Erickson, D., Milaeger, H., Ehrlich-Jones, L., Ramsey-Goldman, R. 2022. Social cognitive correlates of accelerometer-measured and self-reported physical activity in persons with systemic lupus erythematosus. *Lupus 21st Century 2022. September 2022.*
6. Beemer, L. R., Tackett W., **Kinnett-Hopkins, D.**, Hasson, R. E. Child Perceptions Of A Home-based, Virtual, Instructor-led, Physical Activity Program. 2022. *American College of Sports Medicine Annual Meeting, World Congress on Exercise is Medicine®, and World Congress on the Basic Science of Exercise and Vascular Health*
7. Memmini A.K., **Kinnett-Hopkins D.L.**, Hasson R.E., Rifat S.E., Broglio S.P. Implications for future implementation of the post-concussion collegiate return-to-learn protocol within the Power 5 conferences. 2022 *Michigan Athletic Trainers’ Society.*
8. Saiz, A., Alexander, A., **Kinnett-Hopkins, D.**, Zandi, R., Folsom, S., & Strohl, A. (2021). The effect of Black versus White race on perceptions of care within a cohort of women treated for ovarian cancer at a high-volume cancer center. *Gynecologic Oncology, 162*, S289-S290.
9. Engel, E., Wong, J., McKenzie, K., Bombardier, C., **Kinnett-Hopkins, D.**, & Ehrlich-Jones, L. (2020). Motivational Interviewing and Participation in Physical and Occupational Therapy for Inpatients With Spinal Cord Injury or Disease. *Archives of Physical Medicine and Rehabilitation, 101*(12), e144.

10. **Kinnett-Hopkins, D.**, Prioritizing Patient Safety while Maintaining Study Integrity during COVID-19: Lupus Intervention Fatigue Trial Modifications and Lessons Learned. American College of Rheumatology. Virtual Conference. *November 2020*.
11. **Kinnett-Hopkins, D.**, Disease Characteristics and Healthcare Utilization of Advantaged and Disadvantaged Persons with Multiple Sclerosis. *Atlanta, GA, November 2019*.
12. **Kinnett-Hopkins, D. L.** & Motl, R. W. Patient opinions on the design of a racially tailored exercise intervention for black individuals with multiple sclerosis. *Society of Behavioral Medicine. San Diego, California March 2017*.
13. Nandamalavan, D., Stephens, S., Grover, S. A., **Kinnett-Hopkins, D.**, Finlayson, M., Motl, R. W., & Yeh, E. A. Comparability of Output from Actigraph Accelerometer Models 7164 and GT3X+ in Youth with Multiple Sclerosis. *Consortium of Multiple Sclerosis Centers. May 2017*.
14. **Kinnett-Hopkins, D. L.** & Motl, R. W. Feasibility of a patient informed, racially tailored, home-based exercise intervention for black individuals with multiple sclerosis. *Consortium of Multiple Sclerosis Centers. New Orleans, Louisiana June 2017*.
15. Paramathayalan, V., **Kinnett-Hopkins, D.**, Winkler, S., Motl, R., Ratnam, R. A Real-time system to ensure compliance in home-based tele-rehabilitation. *International Conference on Biomedical Engineering. Singapore. December 2016*.
16. **Kinnett-Hopkins, D. L.**, Motl, R. W., Hubbard, E. A., McAuley, E., Pilutti, L. A., & Learmonth, Y. C. The meaning of physical activity, exercise, and sedentary behavior in persons with multiple sclerosis. *Consortium of Multiple Sclerosis Centers. National Harbor, Maryland June 2016*.
17. **Kinnett-Hopkins, D. L.**, & Motl, R. W. Social-cognitive determinants of physical activity in African Americans with multiple sclerosis. *Consortium of Multiple Sclerosis Centers. Indianapolis, IN, May 2015*.
18. Roberts, S., Fanning, J., Wojcicki, T., Learmonth, L., Hubbard, E., **Kinnett-Hopkins, D.**, Motl, R., McAuley, E. DVD-Delivered physical activity effects in individuals with multiple sclerosis: A pilot trial. *Society of Behavioral Medicine. April 2015*.
19. **Kinnett-Hopkins D.L.**, & Motl R.W. Social cognitive determinants of physical activity in African-Americans with multiple sclerosis. *Northwestern University's 18<sup>th</sup> Annual Graduate Research Conference. Evanston, IL, April 2015*.
20. Sawicki, C., Grover, S., **Kinnett-Hopkins, D.**, Motl, R., Finlayson, M., Schneiderman, J., & Yeh, E. A. (2015). Self-efficacy and functional disability as barriers to physical activity participation in pediatric multiple sclerosis (P4. 023).
21. **Kinnett-Hopkins D.L.**, Motl R.W. Do Demographic and Clinical Variables Predict Change in Physical Activity Over Time in Persons with RRMS? *Consortium of Multiple Sclerosis Centers. Dallas, TX, May 2014*.
22. **Kinnett-Hopkins D.L.**, Motl R.W. Do Demographic and Clinical Variables Predict Change in Physical Activity Over Time in Persons with RRMS? *University of Illinois at Urbana-Champaign Community of Scholars Research Symposium. Champaign, IL, March 2014*.

## **TEACHING**

### University of Michigan – Primary Instructor

**AES 100** Introduction to Applied Exercise Science (lecture)  
 Winter 2024 (37 students)  
 Fall 2023 (46 students)

**KIN 313/513** Qualitative Research Methods (lecture)  
 Winter 2023 (11 students)  
 Fall 2021 (8 students)

### University of Illinois at Urbana-Champaign – Primary Instructor

2016 – 2017                      KIN 122: Physical Activity and Health (online)

### University of Illinois at Urbana-Champaign – Teaching Assistant

2013 – 2016                      KIN 122: Physical Activity and Health (lecture)  
 2014                                      KIN 448: Exercise and Health Psychology (lecture)